

# What happens when I go back to school?

Some of you will be excited about returning to school. But it is also perfectly normal if you feel a bit (or a lot) anxious about returning to school. Being worried is a normal response to the abnormal situation the corona virus has caused.



It is important for you to return to school though as you need to be with your friends, playing and learning. This will help you feel better mentally and physically. The government have told schools what we need to do to make sure everyone is safe.



## Social Bubbles

A social bubble is the group of people you can hang out with. This will be your class. It is safe for you to be in your class bubble.



## Handwashing

Hand washing throughout the school day will help to kill germs. Wash your hands for 20 seconds with soap and water. You must wash your hands after you use the toilet, but we all did this anyway. You must wash your hands before you eat, but again we all did this anyway. We just need to add a few more times in the day that is all. When we come into school, after break and lunch and at the end of the day are those extra times... and if you have sneezed or coughed into a tissue.



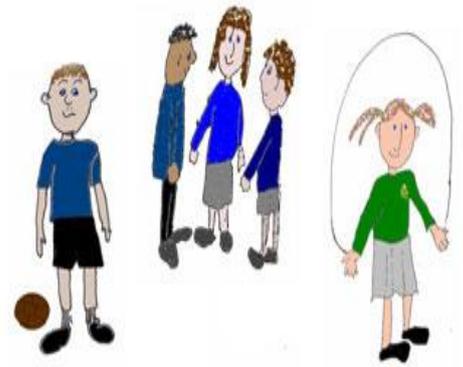
## Social distancing

It is most important for the grown-ups to keep 2m apart where possible. You do not need to keep 2m apart from your friends in your class. Teachers and TAs will not sit closely next to you for a long time, but we can and will still help you with your learning. We are all really looking forward to seeing you again.



## Break times

At break you will be able to go and play with your friends from your class. The other classes will play separately so that we stay in our social bubbles. At lunch time you will eat in your classrooms so that we are not all squashed together in the dining room. This is actually very peaceful and relaxing.



## Tissues

When you need to cough or sneeze you must try to use a tissue (or into your elbow if you can't find a tissue). 'Catch it, bin it, kill it' means catch the germs, bin the germs, kill the germs. Then you can wash your hands and carry on with what you were doing. There are lots of tissues in school.



## Extra cleaning

The school will be extra clean too. The cleaners have been in over the holidays and made sure everything is clean. Teachers and TAs will also help to keep everything clean once you come back and will wipe tables and toys and iPads. You will have your own pack of pencils, scissors, glue etc.



## What if I feel ill?

If you feel ill you will need to stay at home. If you have any signs of a temperature, a cough and/or a change in your taste and smell, you may have a test to see if you have corona virus. This is very easy and you get the results within a day or two. If it is negative you can come back to school when you feel well enough. If it is positive you need to stay at home with your family until you are better.



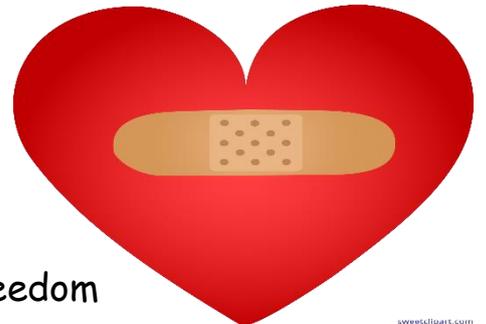
If you feel ill in school we will phone your parents, just like we did before. If you get a temperature, a cough and/or a change in your taste and smell while at school we will call your parents and take you somewhere quiet away from others until your parents collect you.

## Recovery Curriculum

Because you have all missed quite a bit of school, we have thought hard about the best way to welcome you back so that you feel good about school. This is called the 'recovery' curriculum because it will help you to recover some of the things you lost during lock down.

Firstly, we will be helping you get used to the school routines again. Everyone is here to help you.

Secondly, we also want to give you plenty of time to be with your friends, sharing, playing and learning together, as you have spent a lot of time away from them during lock down. Lastly, we want to give you freedom and opportunities to explore learning again and enjoy it! You will have extra Forest School time, time to talk about lock down and how you feel. Then we will be looking at the best ways to support you filling any gaps in your learning.



All the staff at Layston are really excited about welcoming you back and helping you again... **Welcome back to our Layston family.**

