

| OVERVIEW: PSHRE&C Curriculum Map 2021-22 | | |
|--|---|--|
| Citizenship: belonging, fairness & simple laws/rules | | RSHE: mental and physical health & fitness, respectful relationships, keeping safe |
| YR Autumn | YR Spring | YR Summer |
| classroom routines groups they belong to feelings share and cooperate saying sorry resolve conflicts move with safety and control personal hygiene wash hands manage own clothing road awareness | keep well set goals feelings risks express own wants/needs negotiate space safe behaviours | feelings – sad/angry fair/unfair feelings of loss love others' feelings change helping others my environment healthy practices move with confidence and control manage risks manage their own clothing and personal needs safety in the sun |
| Y1 Autumn | Y1 Spring | Y1 Summer |
| classroom routines similarities & differences (R1, R12, R13, R14, L3) basic hygiene (H7) Look after each other/happy playtimes (R1, R2, R6, R10, R11, L1, L5) safe & pro-social choices (H2) make & maintain friendships (R1, R12, R13, R14, L3) falling out with a friend (R1, R2) anger (H4) how to be a good friend/anti-bullying (R12, R13, R14) hazards in the home and fire safety (H12) roads/strangers (H12) | personal goal (H3) likes and dislikes (H2, R8, L9) proud/special (H3, L8) recognise worries (H4) stay calm and relaxed (H4) body parts (H10, H16, R10) cleaning teeth (H1) being a baby (H8, H9) medicines (H11) | ask for help (H13, H14, R9, L10) loved and cared for (H13, H14, R9) uncomfortable feelings – anxiety and jealousy (H4) secrets & surprises (R3, H15) worries (H4) team work (H13, H14, R7) listen effectively (R6) opinions (R5, R6, R7) right and wrong (R4) needs of living things (H1) looking after animals (L3) changes and transitions (H9) |
| Y2 Autumn | Y2 Spring | Y2 Summer |
| classroom routines similarities & differences (R1, R12, R13, R14, L3) communities we belong to (L4) healthy bodies (H1) 5 Ways to Well-being (H1) save energy reduce/reuse/recycle (L4) wants vs needs (L6, L7) bullying (R1, R12, R13, R14, L3) constructive feedback (R7) safety on-line (H12) | simple goals (H3) household substances (H11) medicines (H11) safe choices (H2) Protective Behaviours (H13, H14, R12, R13, R14) personal hygiene (H1, H6, H7) privacy & secrecy (H15, H16, R3, R10) healthy foods/lifestyle (H1) human life cycle (H8) Fairtrade (L3) | healthy relationships (H13, R1, R2, R6, R10, R11) diversity (L4, L9) rights & responsibilities (R8, L3, L9) people who help us (H13, R9, L10) right & wrong (H2, R4) changing our behaviours (H9) healthy & unhealthy habits (H2, R2) celebrate being unique (H3, L8) changes & loss (H5) |

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|---|---|---|
| Citizenship: rights & responsibilities, democracy, community | | RSHE: mental and physical health & fitness, respectful relationships, keeping safe |
| Y3 Autumn | Y3 Spring | Y3 Summer |
| classroom routines (H15, L2) celebrating uniqueness strong feelings (H6, H7, R1) work cooperatively (R2, R3, R4, R7, R10) happy playtimes (R1, R2) opinion vs fact (R10, L3, L8) healthy relationships (R2, R3, R4, R7, R10, R12, L8) anti-bullying –active bystander & support networks (R18, L6) emergency in school (H15, H21) safety online (H22, R21) | equality v discrimination (R13, R14, L3) identify a goal (H5) managing disappointment (H6, H7, R1) managing peer pressure (H13, H14) bodies change as we grow (H18, H20, R8, R9) special people and support networks (H14, H23) 5 Ways to Well-being (H1, R21, H23) revisited at greater depth focus on ‘Giving’ & ‘Connecting’ smoking (H16, H17) positive physical health (H2, H3, R21) | emergency out of school (H15, H21) taking responsibility (H11, L7) making wise choices (H10, L8) managing uncomfortable feelings (H6) ways to support each other (R1, R8, L6) voting and debating (L7) expressing our ideas (L9) fundraising (L9, L10) change & transition (H8) |
| Y4 Autumn | Y4 Spring | Y4 Summer |
| classroom routines (H15, L2) rules and laws (L2, R2) sustainable lifestyle (L15) safety on-line (H22) self-esteem & bullying (H1, R18) consequences of antisocial and aggressive behaviours (R2, R3, R7) money (L13) expressing their views (L1) | set personal & shared goals (H5, R11) legal drugs and medicines – recap (H17) managing peer pressure (H13, H14) keep safe in local area (H10, H14, R3, R8, R15, -R21) rights & responsibilities (L1) keeping safe on social media (H4) recognise & challenge stereotypes (R16) promote positive mental health (H1, H6, H7) keeping safe whilst developing independence (H11, H20, H23) | equality vs discrimination (R13, R14, L3, L4) - connectedness (R12, L9) recognise & challenge prejudice (R14, L4) gender stereotypes (R16) care for other people’s feelings (R12) contributing to society (L9) adolescent body (H18) celebrating growing up (L12) aspirations (H5) peer pressure recap (H13, H14) change & transition – visits from feeder schools (H8) |