

# Family Lives Spring Term Programme



Worried about your child? Join our free online and face to face groups and get support to help your child feel more confident and happier. The groups are for six weeks and delivered via Microsoft Teams or face to face.

## **Time to Talk about Pre Teens / Teens**

### **Face to Face in Hatfield**

Tuesday 21st February to 28th March 2023

from 9.30am to 11.30am

## **Bringing up Confident SEN Children**

Online Wednesday 25th Jan – 8th March 2023

from 7.00pm to 9.00pm

## **Bringing up Confident ADHD/ASD Children**

Online Tuesday 21st Feb – 28th March 2023

from 7.00pm to 9.00pm

## **Bringing up Confident ADHD/ASD Children**

Online Thursday 26th Jan to 9th March 2023

from 7.00pm to 9.00pm

**For more information, contact  
Louise on 0204 522 8700/8701 or  
email [services@familylives.org.uk](mailto:services@familylives.org.uk)**

## **We build better family lives together**

[www.familylives.org.uk](http://www.familylives.org.uk)



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