### Layston First School Residential visit to Hudnall Park Outdoor Centre 14<sup>th</sup> – 16<sup>th</sup> June 2023

## <u>Kit List</u>

What to wear: No new or expensive clothes please. In summer, protection against nettles and long wet grass is strongly recommended.

Wellies (in a carrier bag) or stout boots/shoes suitable for walking on uneven (and sometimes muddy) ground.

Ordinary shoes: for buildings and outside paths.

Indoor shoes: (plimsolls are a good idea) or slippers for use in the building.

Thick socks to make the boots comfortable.

#### Changes of underwear & spare socks.

Waterproof coat, cagoule or anorak with hood.

### Sunhat & sun lotion

Trousers (at least 2 pairs) for rough outdoor use.

Warm tops such as jumpers or sweatshirts.

T-shirts (at least 2)

Sleeping bag (Hudnall provide blankets).

Pillow and pillowcase

Wash kit & hairbrush

Towel

Nightwear and other personal overnight items.

#### Drinks bottle

**Packed lunch** (Hudnall do NOT provide lunch on the first day) – preferably in something that won't take up much space afterwards like a drawstring bag or a plastic bag (**named**)

Plastic bag (for dirty washing)

Optional: camera (your child will be responsible for this, so I'd suggest nothing expensive)

#### Please ensure that all items are named.

### Layston First School Residential visit to Hudnall Park Outdoor Centre 14<sup>th</sup> – 16<sup>th</sup> June 2023

# Wednesday 14th June 2023

- 8.45am Meet at the ford
- 9.00am Coach departure
- 10.30am Arrival + drop off bags
- 10.45am Introduction to the Centre & safety procedures
- 11.30am Team building games (school self-led)
- 1.00pm Lunch (packed lunch from home)
- 2.00pm Orienteering (school self-led)
- 3.30pm Break for refreshments
- 4.00pm Free time
- 5.00pm Evening meal

Evening activities led by Layston School staff (including bingo and night walk!)

# Thursday 15<sup>th</sup> June 2023

- 8.00am Breakfast
- 9.15am Group 1: Zip Line (Centre led supported by Layston School staff) Group 2: Low Ropes (Centre led supported by Layston School staff)
- 11.00am Break
- **11.15am** Group 1: Low Ropes (Centre led supported by Layston School staff) Group 2: Zip Line (Centre led supported by Layston School staff)
- 1.00pm Lunch
- 2.00pm Parachute games (school self-led)
- 3.30pm Afternoon refreshments
- 4.00pm Free time
- 5.00pm Evening meal

Evening activities led by Layston School staff (including team quiz)

## Friday 16<sup>th</sup> June 2023

- 8.00am Breakfast Clear all bedrooms School staff to check rooms
- **9.30am** Group 1: Archery (Centre led supported by Layston School staff) Group 2: Den Building – (school self-led)
- 11.00am Break
- **11.15am** Group 1: Den Building (school self-led) Group 2: Archery (Centre led supported by Layston School staff)
- 1.00pm Lunch
- 2.00pm Prepare for departure
- 2.30pm Departure
- 3.45pm Approximate arrival back at the ford